

COLLEEN LISSY

Colleen Lissy is a PA licensed massage therapist and is certified by the National Certification Board for Therapeutic Massage and Bodywork. She is also a professional member of the American Massage Therapy Association.

She has worked as a massage therapist for almost ten years and is highly concerned and motivated about her clients' needs. Clients feel the need to relax and unwind from the stress of life brought on by work and home issues; even frequent computer usage can cause uncomfortable postural patterns. She can provide to you the following types of massage therapy: Swedish, Neuromuscular Therapy for Trigger Point Release, Deep Tissue, Hot Spa Stone, and Pregnancy.

She works with her clients to pinpoint problematic body regions and determines which massage therapy procedures will be most helpful. Her degree in Biology also facilitates an understanding of the human body's systems and their improvement through massage therapy.

Prior to working in a spa massage therapy setting, she had volunteered massage therapy for a hospice group. Within hospice care, Colleen worked with clients who had cancer, fibromyalgia, Parkinson's disease, Alzheimers's disease, and geriatric issues. She was presented with the "Outstanding Volunteer of the Year Award" within a seven-county region for hospice care.

Colleen strives for good communication with her clients, so that she can provide a relaxational and therapeutic massage session for them.